

Ollie's Original Pastas

Owner: Ollette Washington

Recipe: Chick-Vegi' Pasta

Ingredients

2 chicken breast
1lb penne pasta noodles (white/wheat)
1lb jar of favorite pasta sauce
4 oz tomato paste
6 oz minced garlic
16 oz shredded mozzarella cheese
4 oz vegetable oil
Frozen California Vegetables

Instructions

Chicken Prep

1. Season chicken with salt & pepper and bake for 1 hour at 350 degrees with foil
2. sealed over the pan
3. Allow the chicken to rest for 20 minutes or more
4. Chop in cubes and put to the side

Sauce Preparation

Warm the Pasta sauce, tomato paste, minced garlic, and mozzarella cheese in a pot and stir.
Add Garlic Pepper

Vegetable Preparation

Steam vegetables with light salt and pepper

Noodles Preparation

1. Prepare penne noodles as stated on the box. Drain noodles and toss in a pan
2. Pour the vegetable oil across the noodles and toss again
3. Season noodles with Mrs. Dash Original Blend Seasoning

Plating

Put penne noodles on the plate, apply the sauce on noodles and 8-10 chicken cubes, then add a tablespoon of vegetables.